

2016 SHORT COURSE CALENDAR

On-campus

First Aid – Provide First aid – HLTAID003

	Aug	Sep	Oct	Nov	Dec
Day 1 Day Course 9.30am – 4.00pm	Sydney 7	4	9	6	4
	Melbourne	18		13	4
	Brisbane	18	16		4

First Aid – Provide Advanced First Aid – HLTAID006

	Aug	Sep	Oct	Nov	Dec
Day 1 Day Course 9.30am – 4.00pm	Sydney			6	
	Melbourne			6	
	Brisbane			6	

Olympic Lifting

	Aug	Sep	Oct	Nov	Dec
Day 1 Day Course 9.30am – 4.00pm	Sydney	18		13	
	Melbourne	4			
	Brisbane	4			

Group Exercise and Aqua Fitness Instructor

See the website for upcoming dates

Online

There are 18 short courses available online in Functional Training, Nutrition, Older Adults, Rehabilitation, Group Fitness, Personal Training and First Aid.

See the website for upcoming dates

2016 COURSE START DATES

Online

1. Online intakes are scheduled to commence monthly for Certificate qualifications and in Trimester intakes for Diploma qualifications.
2. Progress through the course is self-paced and supported by online trainers.
3. There are two options for the practical assessment component of online courses.
 - Option 1 – Video the practical assessment and upload it to the Learning Management System
 - Option 2 – Attend a Two Day Practical Assessment (face to face) with dates scheduled throughout the year.

Certificate III in Fitness – SIS30315

Full Time 1 x 13 week trimester

Part Time 2 x 13 week trimesters

	Aug	Sep	Oct	Nov	Dec
Start	29 [#] /30	26	31	28	19

Two Day Practical Assessment (Face to Face) – Saturday & Sunday, 9am – 5.30pm

	Aug	Sep	Oct	Nov	Dec
Sydney	3/4 [#]	3/4		5/6 [#]	3/4
Melbourne	27/28 [#]	17/18		5/6 [#]	10/11
Brisbane	20/21 [#]	17/18		5/6 [#]	3/4
Homebush	20/21 [#]	17/18		5/6 [#]	3/4
Perth				5/6 [#]	3/4
Adelaide		10/11			

#These dates refer to the Certificate III in Fitness (SIS30313) which is being superseded on August 30. *Certificate III In Fitness SIS30315

Certificate IV in Fitness – SIS40210

Full Time 1 x 13 week trimester

Part Time 2 x 13 week trimesters

	Aug	Sep	Oct	Nov	Dec
Start	29	26	31	28	5

	Aug	Sep	Oct	Nov	Dec
Sydney	6/7	10/11	29/30	26/27	17/18
Melbourne	6/7		8/9		17/18
Brisbane	6/7	10/11	22/23	12/13	17/18
Homebush	6/7	10/11	22/23	12/13	17/18
Perth	6/7				17/18
Adelaide			29/30		

Diploma of Fitness – SIS50215

Full Time 3 x 13 week trimesters

Part Time 6 x 13 week trimesters

	Aug	Sep	Oct	Nov	Dec
Start		5		7	

Two Day Practical Assessment (Face to Face) – Saturday & Sunday, 9am – 5.30pm

	Aug	Sep	Oct	Nov	Dec
Sydney			8/9 15/16	19/20	10/11
Melbourne			15/16 22/23	26/27	3/4
Brisbane			1/2 8/9	26/27	10/11
Homebush			1/2 8/9		10/11

Diploma of Nutrition and Dietetics for Personal Trainers – 10454NAT

Full Time 3 x 13 week trimesters

Part Time 6 x 13 week trimesters

	Aug	Sep	Oct	Nov	Dec
Start		5		7	

Diploma of Sports Development – SIS50612

Full Time 3 x 13 week trimesters

Part Time 6 x 13 week trimesters

	Aug	Sep	Oct	Nov	Dec
Start	22	5	10	7	5

All information contained in this brochure current as at August 2016.

FIAFitnation Australian College of Natural Medicine Pty Ltd trading as FIAFitnation (RTO: 31489).

2016 COURSE START DATES

On-campus

1. On-campus course delivery includes face to face classes with online support via FIAFitnation's Learning Management System (LMS).
2. Face to face classes are scheduled in blocks throughout the year in Brisbane, Sydney, Melbourne, Homebush and Perth at centrally located FIAFitnation campuses.
3. Exams, quizzes and additional course resources are accessed online via the LMS.

Certificate III in Fitness – SIS30315

	Aug	Sep	Oct	Nov	Dec
Day Program 5 weeks duration, 3 days per week Monday, Tuesday and Wednesday 8.30am – 3.00pm	Sydney 8	Melbourne 12	Brisbane 17	Homebush 21	
	Melbourne 29	Brisbane 24	Homebush 14		
	Brisbane 29	Homebush 4			
	Homebush 29				
Evening Program 13 weeks duration Monday & Wednesday 6.3 – 9.30pm and one practical weekend	Sydney 8	Melbourne 8	Brisbane 8	Homebush 8	
Weekend Program 13 weeks duration Saturdays 9.30am – 4pm and two Sundays 9.30am - 5.30pm in week 1 and week 13	Sydney 13	Melbourne 13	Brisbane 13	Homebush 13	Perth 13

Certificate IV in Fitness – SIS40210

	Aug	Sep	Oct	Nov	Dec
Day Program 5 weeks duration 3 days per week Wednesday, Thursday and Friday 8.30am-3.00pm	Sydney 24	Melbourne 28	Brisbane 12	Homebush 16	
Evening Program 13 weeks duration Tuesday and Thursday from 6.30pm -9.30pm and one practical weekend	Sydney 20	Melbourne 20	Brisbane 20	Homebush 20	
Weekend Program 13 weeks duration Saturdays 9.30-4.00pm and two Sundays 9.30pm – 5.30pm in week 1 and week 13	Sydney 24	Melbourne 24	Brisbane 24	Homebush 24	Perth 24

*Please note that there will be a campus closure over the Christmas and New Year period.

No classes will be scheduled on weeks commencing 19 or 26 December. Classes will resume 7 January.

Diploma of Fitness – SIS50215

	Aug	Sep	Oct	Nov	Dec
39 weeks (36 teaching weeks and 3 trimester break weeks across 3 Trimesters) 2 days per week 8.30am – 3.00pm	Sydney 8	Melbourne 8	Brisbane 8	Homebush 8	